

# My Body Belongs To Me A About Body Safety

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### [My Body Belongs To Me](#)

#### **My Body Belongs to Me - Interface Children & Family Services**

My Body Belongs to Me Program! For more information call (805) 485-6114, Ext 691 3 My ody elongs to Me hild Personal Safety education for your School! hildren's Presentation The 30 to 45-minute classroom lesson focuses on engaging children through an interactive-learning approach,

#### **My Body Belongs to Me (Early Level) - RSHP**

My body belongs to me/I am the boss of my body This is essentially about bodily autonomy (and consent) - we want children to understand that their body is their body, that they have the right to feel safe and respected, this includes that no-one else should touch their private parts or any part of their body in a way

#### **My Body Belongs To Me REVIEW - NAASCA**

body has boundaries, a child may be too young to understand that the abuse is wrong Parents often don't know when or how to approach this topic with their children Written for 3-to-10-year-olds, My Body Belongs to Me is a tool that aims to facilitate this difficult discussion in a straightforward yet sensitive manner Jill Starishevsky

#### **Part 1. My body belongs to me (Activity plan)**

Part 1: My body belongs to me Level: FIRST Links to Curriculum for Excellence Experiences and outcomes Benchmarks I am learning what I can do to look after my body and who can help me HWB1-48a I am learning about respect for my body and what behaviour is right and wrong I know who I should talk to if I am worried about this HWB 1-49a

#### **MY BODY BELONGS TO ME - California Alliance of Caregivers**

My Body Belongs to Me Workshop Agreements Maintain confidentiality and privacy Respect and learn from others within the group Silence phones

Share speaking time Ask questions and help support a positive learning environment Expect to hear different experiences & beliefs about sexual behavior Be ...

### **My body is my body, and it belongs to me!**

My body is my body, and it belongs to me! I can say no if I don't want to kiss, hug, or touch someone I am the boss of my body, and I say what goes Secrets I should never keep secrets that make me feel bad or unsafe If someone asks me to keep a secret like that, I can tell one of my

### **'My body belongs to me' QUIZ**

'My body belongs to me' QUIZ Q1: Who does your body belong to? Me Q2: What does that mean? I need to look after my body - by keeping myself clean, eating healthy food, exercising, taking care in the sun, not doing things that are dangerous No one is allowed to touch my body, or hug or kiss me, unless I ...

### **MY BODY BELONGS TO ME - Living Values**

MY BODY BELONGS TO ME FROM MY HEAD TO MY TOES Pro Familia My body belongs to me from my head to my toes New York, NY, Sky Pony Press, 2014 I'm Clara and I have something really special: my body! It belongs only to me When I was still a baby, my body looked quite different

### **Body Safety Rule: "My Body Belongs to Me"**

Body Safety Rule: "My Body Belongs to Me" HOW TO TALK ABOUT Body Safety 636-332-0899 wwwthechildcentercom It is important to have a plan in place of what to do if their Body Safety Rule is broken 1 Practice saying "NO" in a strong voice Act out how it looks and sounds Use "what if" scenarios when practicing 2

### **Lesson 3: My body belongs to me - EMPOWER | INSPIRE**

Lesson 3: My body belongs to me Duration: 55 mins Objectives: Students will: Understand body ownership Identify private and public body parts and understand the rules about private parts Identify safe and unsafe secrets and understand the rules about keeping secrets Explore strategies to respond to abuse, including making a disclosure

### **Youth Curriculum Classroom PowerPoint for Grades PreK-2**

My Body Belongs to Me! Hand Head Leg Private Part: (Bathing Suit Zone) Foot Private Part: (Bathing Suit Zone) Lesson Plan #4 Slide 14 Private Part: • My Trusted Adults help keep me safe • I can tell a Trusted Adult about secrets that make me feel worried, scared or unsafe • I can tell about any Secret,

### **SASS In The Classroom**

Personal Body Safety Rules 1My body belongs to me 2Touches are supposed to feel good 3Touches in private areas are only to keep me clean and healthy 4Touches in private areas are never a secret 5If I am hurt or scared, I will tell a grown-up I trust 6It's never too late to tell 7I will keep telling until I ...

### **Present Keeping your body safe!**

Your body belongs to you and you have the power to help take care of it Talk to grown-ups you trust about more ways you can work together to keep you safe and healthy! D C To the parents: As a parent, it can often be scary to address the topic of sexual abuse with your child However, children

### **Safe Environment Programs - usccb.org**

Safe Environment Programs Page 1 of 38 Safe Environment Programs By Program Creating a Safe and Healthy Environment for Children and Young People Laredo (C) Cybersex: The Wrong Side of the My Body Belongs to Me (Video) Fairbanks (C) Phoenix (C PreK - 5th)

### **Healing Confessions**

My body is the temple of Jehova-Rapha, the Lord that healeth He is in me, healing me now, for He is the Lord that healeth me I have been bought with a price Jesus' blood cleansed me from all sins, and by His stripes, my body is healed I glorify God in my body I refuse to allow sickness in my body in Jesus' name You foul disease, take your

### **Curriculum Guide Grades K-8**

Your Body Belongs to You 1Tell the students that our bodies belong to us My body belongs to me I'm the only one who owns it I'm the only one who knows how my body feels, how I feel I'm the only one who knows when I feel sick or hungry, happy or sad I can tell other people how I feel because I know how I feel My feelings and my body

### **Sexual Health Education Non-fiction Texts Elementary Level**

My Body Belongs to Me, by Jill Starishevsky - reviewed by School Library Journal (grades preK-2) One, by Kathryn Otashi - reviewed by School Library Journal (grades preK-K) \*Our Friendship Rules, by Peggy Moss and Dee Dee Tardiff - Moonbeam children's book Awards Gold Medal Winner (grades 2-6)